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# **Deliverable D7.3**

Report on liaison activities



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Short description of the Deliverable (as in the DoA):

This document details liaison activities carried out during the project with other relevant projects, initiatives, and organisations.

The aim of the liaison activities is to keep in sync with other EU and non-EU initiatives with similar or complementary objectives to ImpleMentAll, and to foster the exchange of information, ideas, and any other kind of synergy between the consortium on the one hand and these other initiatives on the other.



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This deliverable contains original unpublished work except where clearly indicated otherwise. Acknowledgement of previously published material and of the work of others has been made through appropriate citation, quotation or both.



## **Executive Summary**

This document contains detailed reporting of the liaison activities carried out throughout the ImpleMentAll project. In order to identify all liaison activities, a questionnaire developed in previous EU projects (United4Health and MasterMind) was adapted for the project to collect input from each partner organisation. Based on this collection of information, the report covers liaison activities at both project and partner level. The liaison efforts in ImpleMentAll have primarily focused on participation in EU and non-EU events and initiatives, liaison collaborations with multinational organisations, and collaborations with other projects.

In summary, the project has carried out the following liaison activities:

- At partner level, ImpleMentAll has been part of 16 local, regional, and national events, where liaison has occurred. The partners have also collaborated with 32 local, regional, national, and EU projects and programmes, and transferred experiences and lessons learned.
- On both project and partner level, IMA has participated in 20 EU-related events and also reached beyond European borders with participation in 14 non-EU international events.
- The mechanism "Affiliate Partners" was set up for organisations outside of the consortium wishing to establish a close collaboration with the project.
- A collaboration with a Norwegian partner from EAAD's network took place for the translation of NoMAD into the Norwegian language.
- The consortium has liaised with European and international implementation (science) and eMental health initiatives and projects to exchange knowledge (e.g. the European Implementation Collaborative, EHTEL, the Mental Health Innovations Network, eMen, and the European Society for Research on Internet Interventions).

All in all, the ImpleMentAll partners have been highly active in liaison activities, ensuring a flow of information, knowledge, and experiences into and out of the project. This report shows that liaison efforts and creation of synergies strengthens research and creates added value for all parties. Further, this report shows how important it is to create awareness about liaison and the potential of being involved in liaison activities for the benefit of local, European, and international activities and health systems.

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## 1 INTRODUCTION

## 1.1 Purpose of this document

This document reports on the liaison activities that have taken place in an EU and non-EU context during the ImpleMentAll project. The report takes into consideration the liaison activities at both project and partner level during the project lifetime.

#### 1.2 Structure of document

This document is structured according to the general guidelines for ImpleMentAll deliverables.

After the introduction, which presents the objectives of liaison activities and defines liaison, the second section details the methodology applied for information collection.

The third section describes the project's liaison activities as summarised in categories (events, liaison with relevant projects, Affiliate Partners, translations of NoMAD and ORIC, and liaison collaborations) followed by a systematic presentation of the survey results.

The fourth and final section sums up and concludes the findings before three appendices show the questionnaire, the survey FAQ, and the Affiliate Partner Memorandum of Understanding.

## 1.3 Glossary

АР	Affiliate Partner	
ARC	Applied Research Collaborative	
ВТА	Bayerische Telemedallianz	
CSA	Coordination and Support Action	
DGPPN	German Society for Psychiatry and Psychotherapy, Psychosomatics and Neurology	
DGP	German Society of Psychology	
DGSMP	Deutsche Gesellschaft für Sozialmedizin und Prävention	
EC	European Commission	
eHealth	Healthcare practice supported by electronic processes and communication	
EIPonAHA	European Innovation Partnership on Active and Healthy Ageing	
EPA	European Psychiatric Association	
ESR	Early Stage Researcher	
ESRII	European Society for Research on Internet Interventions	
FAQ	Frequently Asked Questions	



H2020	Horizon 2020	
iCBT	Internet-based Cognitive Behavioural Therapy	
ICT	Information and Communication Technologies	
iFD	iFight Depression	
IMA	ImpleMentAll	
ITN	Innovative Training Network	
ISRII	International Society for Research on Internet Interventions	
JRC	Joint Research Centre	
LMIC	Low and Middle Income Country	
MEP	Member of the European Parliament	
MoU	Memorandum of Understanding	
MSCA	Marie Skłodowska-Curie actions	
NSRII	Netherlands Society for Research on Internet Interventions	
PCP	Pre-Commercial Procurement	
PDSA	Plan, Do, Study, Act	
SME	Small and Medium Enterprise	
SPOC	Sustainability of Progressive and Open Communication	
SVLFG	Sozialversicherung für Landwirtschaft, Forsten und Gartenbau	
WP	Work Package	
WHO	World Health Organization	
WPA	World Psychiatric Association	

## 1.4 Objective

The aim of the liaison activities is to keep the project in sync with other EU and non-EU initiatives with similar or complementary objectives to ImpleMentAll, and to foster, when appropriate, the exchange of information, ideas, and any other kind of synergy between the consortium on the one hand and these other initiatives on the other. We have identified and liaised with relevant projects, networks, organisations, and initiatives to ensure sustained use of the outcomes of ImpleMentAll beyond its lifetime.

#### 1.4.1 Definition of liaison in ImpleMentAll

In ImpleMentAll, liaison activities have been defined as activities where there is synergy between the activities of two or more parties, and where added value has been identified in the exchange of information in relation to these activities. Liaison is often confused with dissemination; it is therefore important to note that liaison refers only to activities in which there is an interaction

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between two or more parties, and where exchange and processing of information takes place for the benefit of one or both of the involved parties.

As the report revolves around the ImpleMentAll liaison activities, ImpleMentAll will always be one of the parties benefiting from these activities. In this context, ImpleMentAll is represented through the consortium partners in relation to their project activities and involvement.

The report distinguishes between liaison activities in an EU and non-EU context.

EU initiatives refer to *initiatives directly related to, and supported and promoted by the European Commission*, even if executed at a regional or national level or limited to one part of Europe. It is, however, essential that the initiative (project, event, conference, working group, etc.) is linked to, supported, and promoted through a European Commission agency.

For non-EU initiatives, a further distinction has been made between "local, regional, and national", and "international initiatives"; where *local, regional, and national* refer to initiatives which take place within a local, regional, or national context, and which are not linked to any EU-funded initiative. *International initiatives* have international coverage, without the direct link to the EU, and often involvement beyond European borders.

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## 2 METHODOLOGY

This report is based on information collected in two different ways. Firstly, relevant activities were identified by EAAD as the leader of WP7 and by RSD as the Coordinator and author of the report. Secondly, information was collected using a survey based on a methodological approach applied in previous EU projects.

#### 2.1 Questionnaire

A questionnaire developed and applied in previous EU projects (United4Health and MasterMind) was adapted to ImpleMentAll and distributed to the whole project consortium through the online tool SurveyXact. Due to the longevity of the project, the survey was carried out twice (January 2018 and June 2020). Every partner was asked to complete the survey as a partner organisation, rather than as individuals. The questionnaire can be found in Appendix A.

The input provided by the partners regarding their liaison activities is considered extremely relevant, as the partners' activities and efforts often result in liaison and transfer of knowledge – reaching far longer than what can be done by the Coordination Team or WP7 leader alone.

Many activities have been carried out at partner level and the survey served to uncover information about these activities that would have been challenging to retrieve otherwise. An FAQ was developed and sent out along with the questionnaire to the partners in case clarifications were needed during the completion of the questionnaire. The FAQ can be found in Appendix B. The information collected through the questionnaires has fed directly into this report, and is represented in tables throughout Section 3. Furthermore, the results from the questionnaires support the efforts of mapping potential collaborations and developments beyond the project lifetime to ensure that the results from ImpleMentAll are shared in relevant fora.

A total of 14 partners completed the questionnaire during the first round, and 15 partners completed the second round.

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## 3 Results

In ImpleMentAll, both the project as a whole and the individual partners have been engaged in various types of liaison activities. This section reports on both levels, beginning with a summary of the main project level liaison activities followed by the activities reported on partner level.

## 3.1 Liaison on project level

This subsection provides information about some of the main activities, collaborations, and focus areas for liaison in ImpleMentAll.

#### **3.1.1** Events

The ImpleMentAll project has participated and been visible in a number of events during the project. The types of events cover everything from large events promoted by the European Commission to scientific conferences, international conferences, and regional and local events where liaison and synergies have been the outcome. The presence and visibility of the project plays an important role in the opportunities for ensuring the broad dissemination of the project's work and results for both liaison and sustainability purposes.

The tables listed under liaison at partner level reflect many of the events in which liaison has been obtained at project level. Therefore, the information below is not exhaustive:

- The project's midterm workshop was organised as part of the annual Week of Health and Innovation in Odense, Denmark. The decision to combine the workshop with a larger event was taken to maximise the benefits from a larger audience and possibility to liaise with relevant stakeholders.
- ImpleMentAll organised a full session on implementation of eHealth at the 2019 HIMSS Europe conference in Helsinki. The session was based on a collaboration between the project, HIMSS, and EHTEL (the European Health Telematics Association).
- ImpleMentAll was presented along with other and previous projects and initiatives in
  the mental health domain in the session "Setting up and sustaining digital services to
  support mental health" at the 2019 WHO "Symposium on the future of digital health
  systems in the European Region" in Copenhagen. The session was chaired by RSD and
  based on a collaboration between ImpleMentAll, the MasterMind project, and WHO.
- The project organised a two-part symposium at the 2019 ISRII conference in Auckland, New Zealand. The symposium was named "Next Generation Internet Interventions in Routine Practice" and focused on the implementation science perspective of eHealth interventions on the one hand, and on the implementation practice perspective on the other hand.

#### 3.1.2 Liaison with relevant projects

ImpleMentAll has engaged in numerous collaborations with other project consortia, both from previous and ongoing projects. Apart from joint meetings and participation in relevant

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conferences, ImpleMentAll has collaborated with projects working on similar and complementary issues, including implementation of eMental health services (MasterMind and eMen); clinical effect of iCBT (E-COMPARED); implementation of telemedicine and eHealth services (SmartCare, BeyondSilos, CareWell, and United4Health); improving mental health in the workplace (MENTUPP); promotion of mental health in Europe (iCARE); and nutrition, preventive psychology, consumer behaviour, and psychiatry targeting depression (MoodFOOD). The collaboration with projects has involved differing efforts, including dissemination activities, knowledge exchange, and research. These activities allow the IMA consortium to apply knowledge obtained through the project in other settings, but they also feed knowledge back to the project, and thereby strengthen the project's liaison with other projects and initiatives, and at the same time, enrich the results obtained on both sides of the equation.

#### 3.1.3 Affiliate Partners

A mechanism was set up for organisations outside of the consortium wishing to establish a close collaboration with the project. A Memorandum of Understanding (MoU) was developed for Affiliate Partners (AP) to sign. The MoU details which consortium partner will represent the project in the collaboration with the AP and determines the scope and conditions for the partnership, which is primarily to be of an advisory nature. See the template for the MoU in Appendix C.

In September 2018, 27 emails and messages via website contact forms were sent out offering similar initiatives an Affiliate Partnership with the ImpleMentAll consortium to receive access to first-hand research results, the ItFits-toolkit (once finalised), and events held by the project consortium. If an organisation, project, or initiative was interested in such a partnership, an MoU was signed by a representative from each party. To date, the European Implementation Collaborative (EIC), the Haukeland University Hospital in Norway, and the Mental Health Commission Canada have become official Affiliate Partners of ImpleMentAll. Further negotiations are pending with regard to the time after the projects end.

#### 3.1.4 Translations of NoMAD and ORIC

ImpleMentAll's two main instruments, the NoMAD and ORIC questionnaires assessing normalisation and organisational readiness for implementing change, were translated by the consortium partners via forward and backward translation and published on the website.

A Norwegian version was added to this resource, as the result of a collaboration with one of EAAD's network partners.

#### 3.1.5 Liaison collaborations

#### 3.1.5.1 EHTEL

EHTEL (the European Health Telematics Association) is a pan-European multidisciplinary stakeholder organisation, which brings together corporate, institutional, and individual actors

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dedicated to the improvement of healthcare delivery through digital health. Throughout the project, RSD has been represented in the association's Board of Directors, which has provided the opportunity to engage the association as a partner in raising awareness about the project and in providing knowledge and input related to upscaling, implementation, and capacity-building for eHealth to the project's work. Towards the end of the project, an increased focus on eMental health has formed in EHTEL and, through RSD, the experience from IMA will be brought into any future activities carried out as a result.

#### 3.1.5.2 HIMSS

Healthcare Information and Management Systems Society, Inc. (HIMSS) is a global advisor and thought leader supporting the transformation of the health ecosystem through information and technology. ImpleMentAll has collaborated with HIMSS for communication and dissemination of the project's efforts and results.

#### 3.1.5.3 EIPonAHA

In 2012, The European Commission initiated the European Innovation Partnership on Active and Healthy Ageing (EIP on AHA), an important EU initiative. The overall aim of EIPonAHA is to increase the average healthy lifespan by two years by 2020, and pursue a triple win for Europe:

- enabling EU citizens to lead healthy, active, and independent lives while ageing;
- improving the sustainability and efficiency of social and healthcare systems;
- boosting and improving the competitiveness of the markets for innovative products and services, responding to the ageing challenge at both EU and global level, thus creating new opportunities for businesses.

This should be achieved through a number of Action Groups in the three areas of prevention and health promotion, care and cure, and active and independent living of older people.

In addition to the Action Groups, EIPonAHA has Reference Sites, which are regions and organisations that can demonstrate examples and best practices for active and healthy ageing.

Several IMA partners have been involved in the EIPonAHA as reference sites and as part of the action groups. In March 2018, a webinar was organised by the EIPonAHA B3 Action Group focusing on the learnings from MasterMind and how ImpleMentAll builds on these. In 2019, the coordinator of ImpleMentAll, RSD, was re-awarded its status as a four-star reference site, this time with special recognition of excellence.

#### 3.1.5.4 Mental Health Innovations network (MHIN)

A collaboration with the Mental Health Innovation Network (MHIN) brought forward the project's scientific visibility. MHIN is a platform for the global mental health community to connect and exchange knowledge, experiences, and resources to improve the quality and coverage of care. As part of the collaboration, IMA was featured in a public lecture afterwards available via a webinar published on the platform's website.

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#### 3.1.5.5 ResearchGate

ResearchGate is a network providing scientists with tools to connect, collaborate, and keep up with research relevant to them. ImpleMentAll is represented and updated on a regular basis on ResearchGate (https://www.researchgate.net/project/ImpleMentAll), as communication online is very important to ensure a broad scientific promotion and recognition of the project.

#### 3.1.5.6 Consortium for Implementation Science

ImpleMentAll has been featured in two newsletters sent by the "Consortium for Implementation Science" in January 2018 after CM3 and in June 2018 after CM4, featuring ImpleMentAll's trial start. Moreover, the Consortium has published a post about the project on their website in May 2017 about the project's launch. Once the ItFits-toolkit and first results of the project are available and published, it is the aim to be featured in further newsletters and posts.

#### 3.1.5.7 European Society Research on Internet Interventions (ESRII)

The European Society for Research on Internet Interventions (ESRII) is a non-profit organisation consisting of researchers, clinicians, and policy experts committed to advancing the scientific approach to studying eHealth interventions. As the last ESRII Conference was held in Copenhagen in September 2019 in close proximity to the ImpleMentAll partners from RSD, a number of consortium members were involved in the organisation of the conference and even more participated.

#### 3.1.5.8 Week of Health and Innovation (WHINN)

WHINN is an international health tech and health innovation conference that includes side events, an exhibition, matchmaking, and networking activities - all within health and innovation. In October 2018, ImpleMentAll partnered with WHINN to organise and host the project's midterm workshop. By setting the workshop in an international conference, ImpleMentAll was able to reach a much broader audience, than if it had been organised as a stand-alone event, while staying within the target audiences foreseen for the project. WHINN is a recurring event, and it is expected that the project's results and outcomes will be presented at future WHINN conferences.

#### 3.1.5.9 WHO (World Health Organization)

The project and individual partners have collaborated with the WHO during the project. A representative from WHO has served on the External Advisory Board and RSD has been invited to present the project at a high-level WHO summit in the Regional Office for Europe in Copenhagen.

On top of the described liaison partnerships, IMA partners have also reported collaboration with the Canadian Ministry of Health, Public Health England, Scottish Government, Digital Health Institute Scotland, and Kronikgune.

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## 3.2 Liaison at partner level

This section provides the information about liaison activities collected from the partners through the survey. The specific activities are shown in tables divided between the categories:

#### 1. Liaison with EU initiatives

- Table 1. EU events
- Table 2. EU projects and programmes
- Table 3. Other EU initiatives

#### 2. Liaison with non-EU initiatives (local, regional, and national)

- Table 4. Local, regional, and national events
- Table 5. Local, regional, and national projects and programmes
- Table 6. Other local, regional, and national initiatives
- Table 7. Influence on local, regional, and national level

#### 3. Liaison with non-EU initiatives (international)

- Table 8. Non-EU international events
- Table 9. Other non-EU international initiatives

The partner names listed in the first column indicate the partners that have provided the information through the survey. In the cases where several partners have mentioned the same events or projects, the information has been combined in one row.



#### 3.2.1 Liaison with EU initiatives

EU initiatives refer to initiatives that are supported and/or promoted by the European Commission, even if executed at a regional or national level or limited to one part of Europe.

## 3.2.1.1 Events

The ImpleMentAll partners have participated in a wide range of EU supported and promoted or EU project-related events with a topic similar to and/or complementary to that of ImpleMentAll. During these events, the partners have collected information valuable to the project.

**Table 1 EU events** 

Partner	Name of event	Type of event	Audience	Purpose and relevance to IMA
RSD	eHealth Week 2017	Conference	Decision makers, industry, healthcare providers, research community, policy makers	Dissemination and knowledge exchange about eHealth implementation.
RSD	EIPonAHA Conference of Partners	Meeting	Policy makers, healthcare providers, competence centres, research community	Networking and knowledge exchange on eHealth implementation.
RSD	ICT 2018	Conference	Policy makers, healthcare providers, research community	Development and knowledge sharing on eHealth implementation.
RSD	HIMSS Europe 2018	Conference	Policy makers, decision makers, healthcare providers, research community, interest organisations	Networking, dissemination of the project's goals and activities, and knowledge exchange on eHealth implementation.
RSD MHCPriz	HIMSS Europe 2019	Conference	Policy makers, decision makers, healthcare providers, research community, interest organisations, innovation centres, network organisations	Session organised by the project in collaboration with EHTEL about eHealth implementation. Dissemination, communication, networking, knowledge exchange.
RSD	Research and Innovation Days	Conference	Policy makers, decision makers, research community, healthcare providers, interest organisations	Interaction with EC representatives, and projects and initiatives with similar focus areas to IMA.
RSD EAAD	Steering Group on Promotion and Prevention Marketplace Workshop on Mental Health at the JRC	EU marketplace workshop on mental health best practices and implementa ble research results	Policy makers, decision makers, research community, interest organisations, EU administrative staff (approx. 80)	Dissemination, knowledge exchange, sustainability. To showcase best practices and implementable research results in the field of mental health in the premises of the EC's Joint Research Centre in Ispra. Representatives from EU Member States had the opportunity to receive information about best practices, which had been previously selected a.o. by the Mental Health Compass and



				projects funded by Horizon 2020.
VUA	iCARE consortium meeting	Consortium meeting	Consortium members, research community	Implementation science lecture, liaison.
VUA EAAD	"E-mental health in Europe: learning from our neighbours", "Getting in touch with digital interventions for mental health: practical insights for health professionals". "Let's make it work", & "E- Mental-Health: Digital innovations in Psychiatry and Psychotherapy"	Symposia and seminar, eMEN events	Psychologists, psychiatrists, neurologists, psychotherapists, research community, healthcare providers, policy makers	Dissemination. The project was presented along with innovative eMental health solutions. Discussion of which technical innovations are available in the field of mental health and how they can be used best, especially in the light of the new regulation that makes digital health applications reimbursable in Germany as of January 2020. One of these events was the initial reason for EAAD getting in touch and liaising with the Pl of this project.
UMCG	Pain Alliance Europe Days	2-day event Incl. seminars and workshops, and an MEP Interest group meeting in the EU Parliament	Members of the Pain Alliance Europe, other interested persons, European parliament members	Learn about current initiatives on pain treatment in Europe, and current initiatives of the European Parliament on this topic.  Discussions with stakeholders (patients with pain/somatic symptoms disorder, clinicians, policy advisors) about implementation problems for interventions aimed at chronic pain/somatic symptom disorder. This provided important new insights to refine local implementation strategies.
EAAD	ERA Fellowships – Science Management	Campus Week	Research community, funding organisations, policy makers, and decision makers from the Federal Ministry of Research and Education in Germany	The event took place in addition to guest stay of international fellows and featured a theoretical part including "thematic days" on e.g. knowledge transfer, EU research funding, and internationalisation. The campus week provided opportunities for learning, exchange of experiences, and intensive networking.
EAAD	MENTUPP Kick-off Meeting & MENTUPP 2 <sup>nd</sup> Consortium Meeting	Consortium meetings	Healthcare providers, research community, external advisors	MENTUPP aims to improve workplace mental health in SMEs and constitutes a useful network for IMA to liaise with.

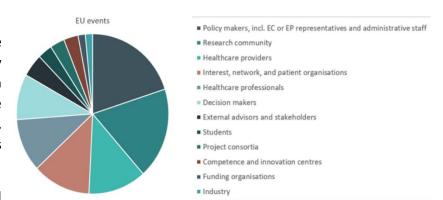


EAAD	EIT Innovation Day (iDay)	Innovation Day	International students from various disciplines, interest organisations	Innovation in mental or visual health
EAAD MHCPriz	MooDFOOD Final Conference, Brussels	Conference	Project consortium, PhD students, external stakeholders (depression, nutrition)	To showcase the project's outcomes and discuss dissemination strategies. A very useful network overall with the common aim of tackling depression.
EAAD MHCPriz	Third EU Compass Forum on Mental Health and Well-being - Community-based Mental Health Care and Mental Health in All Policies	Forum	Researchers, mental health professionals, policymakers and other stakeholders	Networking, dissemination, and knowledge exchange about eHealth implementation. Presenting on "Good practices in community care: experiences from the 24 European countries of the EAAD" and the implementation of this approach.
GAMIAN Europe	MEP Alliance for Mental Health: The EU and Mental Health – Priorities and Possibilities for Action	A meeting held in the European Parliament	Policy makers (MEPs), healthcare professionals, patient organisations (approx. 60)	The MEP Alliance for Mental Health aims for mental health to be considered as important as physical health.
GAMIAN Europe	Shaping a future EU Mental Health Strategy: priorities and activities	MEP Alliance for Mental Health: Meeting with MEPs	Policy makers, healthcare professionals, patient organisations (approx. 100)	Shaping a future EU mental health strategy: priorities and activities.

The range and variation illustrated by this table indicates the different opportunities the project has had for liaising in a European context, and the events that have been relevant for ImpleMentAll to participate in.

#### **Audience profile**

In relation to the EU events, the primary audience groups are policy makers (20%), the research community (18%), healthcare providers (12%), and interest, network, and patient organisations (12%).



Although this overview is solely based

on how many times the partners have mentioned the different groups as part of the audience, and not on e.g. the number of individuals or organisations present at the event in question, this gives an indication of the groups the ImpleMentAll partners have been in contact with and liaised with during the project.



#### 3.2.1.2 EU projects and programs

The ImpleMentAll partners have collaborated with a number of EU funded projects and programmes with similar topics. The fields of implementation science, eHealth, and (e)mental health have only become more relevant during the project lifetime and it has proved important to identify fruitful collaboration with other EU projects and programmes.

The table below shows an overview of the collaboration with other EU projects and programmes that the partners have found relevant and valuable for their work in the project.

**Table 2 EU projects and programmes** 

Partner	Name	Туре	Purpose and added value for IMA
RSD	ACT@Scale	Project, EU Third	Experience with use of PDSA
		Health Programme	
RSD GET.ON	MasterMind	Project, CIP Pilot A	Primary source of experience with implementation of
GET.ON			eMental health. The MasterMind project aimed to make
			high quality treatment for depression more widely available
RSD	E-COMPARED	Project, FP7	for adults suffering from the illness by the use of ICT.  Evidence of clinical effect of iCBT. E-COMPARED conducted
GET.ON	E-COIVIPARED	Project, FP7	comparative effectiveness research in routine specialised
			mental care settings on the (cost-)effectiveness of internet-
			based treatment for depression in comparison with
			standard care.
RSD	SmartCare	Project, CIP Pilot A	Source of experience with implementation of telemedicine
			and eHealth services.
RSD	BeyondSilos	Project, CIP Pilot B	Source of experience with implementation of telemedicine
			and eHealth services.
RSD	CareWell	Project, CIP Pilot B	Source of experience with implementation of telemedicine
RSD	11	Duning the CID Dilat A	and eHealth services.
עטט	United4Health	Project, CIP Pilot A	Source of experience with implementation of telemedicine and eHealth services.
VUA	IT4Anxiety –	Project, Interreg –	Future new technologies to be implemented. Translation of
GAMIAN	Managing anxiety	North West Europe	research findings to a more practical oriented project in
Europe	via innovative		which IMA findings/results/setup might be of added value
	technologies for		to development and piloting of innovative tools by start-
	better mental		ups.
	health		
VUA	Strengths	Project, H2020	Scaling-up (and effectiveness testing) of low intensity
200		(same topic as IMA)	treatments for refugees.
BSA	EURIPHI	H2020 project (CSA)	Advancing the knowledge on PCP. Interest in including the
			implementation as an element to be analysed before the
UMCG	Master Your Pain	2018 BMP Grant	purchase takes place (even being a selection criterion).  With this grant, we will study implementation possibilities
30	iviaster four Faill	from the European	of the UMCG eHealth system within rheumatic care (i.e. to
		Pain Alliance	reach a wider audience)
UMCG	ETUDE	Innovative Training	Three of the Early Stage Researcher (ESR) projects might
	(Encompassing	Network (ITN) –	benefit from IMA results: two will develop eHealth and one
	Training in	Marie Skłodowska-	will study implementation of collaborative care networks.
	fUnctional	Curie Action (MSCA)	

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	Disorders across Europe)		
UMCG EAAD	EIT Health GR!P.health E-learning SOLK	EIT (European Institute of Innovation and Technology)	Financing of the development of eLearning for healthcare professionals working with patients suffering from medically unexplained symptoms/somatic symptom disorder. Within this eLearning there is also a chapter about the UMCG eHealth system, which might improve implementation success of the system.  Networking and collaborating with other organisations in the field of eMental health.
EAAD	eMEN	Project, Interreg North-West Europe	eMEN has increased IMA's visibility through its own network and shared relevant information with respect to eMental Health and transnational implementation. Also, eMEN has disseminated ImpleMentAll publications.
EAAD	MooDFOOD	Project, Seventh Framework Programme of the European Commission	Multi-country collaborative project on the role of diet, food-related behaviour, and obesity in the prevention of depression. Due to topic of depression (common ground) small overlap with IMA. Some consortium partners with a background in implementation science/iCBT as well. Added value lies in dissemination experiences (DOs and DONTs) from MoodFOOD - EAAD was dissemination partner here.
EAAD	Association SPOC (Sustainability of progressive and open communication)	Association co- financed by the European Social Fund of the European Union	Bilateral exchange, common ground with IMA in the field of mental health. SPOC is a valuable dissemination partner.
EAAD	MentBest	Project, H2020 (same topic as IMA)	General objective of MentBest is to reduce the burden associated with depression and suicidal behaviour at the individual and societal level in Europe by supporting the implementation and transfer to other regions and countries of the regional 4-level intervention concept as well as by promoting the broad and nation-wide use of the iFightDepression®-tool. The partners adopting the MentBest programme could become users of the ItFitstoolkit to tailor the implementation and maximise the impact of the MentBest project.
EAAD MHC Priz LSHTM GET.ON	MENTUPP – mental Health Promotion and Intervention in Occupational Settings	Project, H2020	MENTUPP's primary aim is to improve mental health in the workplace by developing, implementing, and evaluating a multilevel intervention targeting mental health difficulties in Small and Medium Enterprises (SMEs) in the construction, health, and ICT sectors. The secondary aim is to reduce depression and suicidal behaviour. IFightDepression is tailored to workplace settings. The partners adopting the MENTUPP multilevel intervention could become users of the ItFits-toolkit to tailor the implementation and maximise the impact of the MENTUPP intervention.
MHC Priz	IMPULSE	Project, H2020	Implementation experience of informative technology intervention in LMIC. Implementation of an effective and cost-effective intervention for patients with psychotic disorders in low and middle-income countries in South Eastern Europe.



GET.ON	ONLINE HEALTH TRAINING	Lüneburg Innovation Incubator (EU- funded research project)	This competence tandem project aims at reducing health damaging behaviour of patients through virtual support via internet in a sustainable manner as well as at increasing health and workplace efficiency.
GET.ON	iCARE	Horizon 2020 research project	The goal of iCARE is to establish an innovative comprehensive care model to promote mental health in Europe. Combination of evidence-based prevention, early detection, and treatment of common mental disorders via a common online platform. In cooperation with established healthcare providers, iCare will complement or be integrated into existing services in order to avoid and reduce long-term costs caused by mental illness.
GET.ON	H-Work	Project, H2020	The purpose is to design, implement, and validate effective multi-level assessment and intervention toolkits, evaluating individual and organisational outcomes of the adopted measures and provide further innovative products and services. The aim is to effectively promote mental health, along with policy recommendations for employers, occupational health professionals, and policy makers. Another part of the purpose is to improve the implementation of specific tools in small and medium sized companies and organisations in order to improve mental health of employees.

The content of the table shows that the partners have shared many experiences with other EU projects and programmes for the benefit of both ImpleMentAll and the other projects, which is the indication of liaison. In the case of eMen, the liaison is related to dissemination as well as shared information related to eMental health and implementation. In the case of projects like MasterMind, SmartCare, and E-COMPARED, the liaison is related to implementation and clinical effect of iCBT and other eHealth solutions. The content of the table shows a broad range of liaison activities that reflect how ImpleMentAll relates to a variation of topics apart from implementation science and eMental health, including eHealth in general and mental health in the workplace.

#### 3.2.1.3 Other EU initiatives

Other EU initiatives cover activities not related to conferences, events, and projects/programmes. Other initiatives have been incorporated to cover participation in initiatives where the project could have influence; so in the questionnaire, partners were asked to report on their participation in EU initiatives and activities that could potentially influence the field of implementation science, (e)mental health, and eHealth in general (e.g. Green Papers, Recommendations, Policies, Working Groups, etc.).



## **Table 3 Other EU initiatives**

Partner	Name	Туре	Thematic link and relevance for IMA	
RSD	EHTEL – The European Health Telematics Association	Member network organisation	Sustainability, communication, dissemination.	
RSD BSA	EIPonAHA Action Group B3 Integrated Care	Working group	Implementation in routine care, upscaling, research, policy knowledge exchange, dissemination, networking. Work towards integrated care services more closely oriented to the needs of patients/users. A multidisciplinary, well-coordinated, and accessible group anchored in community and home care settings. Formed by 260+ stakeholders, where a lot of them are care providers, thus implementing in pilots or routine care. Implementation science has a lot of value to their work. Relevance includes knowledge exchange, dissemination, and networking.	
ASL TO3	EAAD – European Alliance Against Depression	Participation to EAAD initiatives and annual meetings	Provider of iFightDepression (iFD – iCBT programme), the tool localised in Italian language and used by ASLTO3. Other IMA partners are also using the iFD in their local language.	
ASL TO3	Expert reference: REGIO 2018-0154	Expert for DG Regio for opinion and advice on priority health investments under the programming period 2021-2027 of the Cohesion Policy	Mention of IMA as good practice of eMental health project and telemedicine model.	
EAAD	Good Practices in Mental Health & Well-being - Mental Health at Work, in Schools, Prevention of Suicide	Publication	Mental health (EAAD and iFightDepression mentioned).  Networking with policymakers and other stakeholders.	
EAAD	Support for the implementation of best practices in the area of mental health – transfer of iFightDepression	Call for proposals	Based on successful presentation at the EU Marketplace Workshop in Ispra, the EC published a call to support the implementation of best practices in the area of mental health and the transfer of the EAAD model and iFD. Proposal prepared by EAAD included references to IMA.	
EAAD	EIT Health	Network	Networking and collaborating with other organisations in the field of eMental health.	
GAMIAN Europe	MEP Alliance for Mental Health	Future meetings in the EU parliament	Implementation of eMental health.	
GET.ON	"Good Practice in Mental Health & Well-being"	Award	GET.ON has been designated as a good practice in mental health & well-being as part of the EU Compass 2018. The aim of the EU Compass is to promote high quality mental health initiatives in Europe to inform responsible stakeholders in the healthcare sector on reliable offers; and in this case facilitating the implementation of e-mental health interventions in the EU.	



From the table, it is evident that ImpleMentAll partners have been part of a number of initiatives where it has been possible to have influence on the fields of implementation science, (e)mental health promotion, eHealth in general, and upscaling, and thus apply the ImpleMentAll experiences in a wider perspective. This shows liaison in different contexts at project, research, and policy level.

#### 3.2.2 Liaison with non-EU initiatives (Local, regional, and national)

In order to distinguish between initiatives related to a European setting, and initiatives related to the partners' local, regional, and national settings, the questionnaire was divided to reflect this. Local, regional, and national non-EU initiatives refer to initiatives taking place within a local, regional, or national context, which are not linked to any EU funded or international initiative.

#### 3.2.2.1 Local, regional, and national events

The partners have reported their participation in local, regional, or national events with a topic similar to and/or complementary to that of ImpleMentAll, where they have collected information that could be valuable to the project. They have also reported on the audience present at the event, providing an indication of the target groups with whom they have liaised.

Table 4 Local, regional, and national events

Partner	Name of event	Type of event	Audience	Purpose
ASL TO3	Working group on mental health policy at the Health Ministry in Rome	Periodic meetings	Ministerial officers, regional healthcare authorities, health ANCI (national cities association), scientific association, advocacy	Assessment of mental health facilities and services with the aim to define and improve the efficiency levels.
UMCG	"e-Health: are we ready for the next generation?"	NSRII Symposium	Healthcare professionals interested in (the implementation of) eHealth systems	Discussion of eHealth (implementation) possibilities within the Netherlands.
EAAD	German Patient Congress Depression	Congress	Patients, relatives, and friends as main target group, but also mental health professionals and other mental health organisations	Awareness raising and networking. The congress was used to liaise with people interested in the project (EAAD team was there to provide info on IMA).
EAAD	DGPPN (German Society for Psychiatry and Psychotherapy, Psychosomatics and Neurology) Congress 2018 and 20190, Berlin	Congress	Mainly psychotherapists, psychiatrists, neurologists & psychologists	Exchange and networking (EAAD team was present to inform about IMA).

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EAAD	Symposium in the health department Dresden, topic "digital therapy - chance or emergency solution?"	Information meeting for the public	Public, open for everyone	Promotion of iFD and contact to other people working in the field.
EAAD	Spring Conference of the German Society for Suicide Prevention	Conference	Professional audience (scientists/researchers on suicide prevention)	Promotion of iFD and getting in touch with other researchers in this field.
EAAD	Face-to-face training about iFD	Training	Healthcare professionals	To train healthcare professionals on the content of iFD and how to integrate it in their practice. Trained healthcare professionals become iFD guides and can offer the tool to their patients.
MHC Priz	Congress and First Medical Fair of the Kosovo Chamber of Physicians, Prishtina	Congress	Healthcare providers, research community (500)	Presentation of the project and active group discussion with healthcare providers.
MHC Priz	Suicides can be prevented	National conference on World Mental Health Day, Vërmicë, Prizren	Healthcare providers, research community (200)	Presentation: IMA as opportunity in preventives of suicide in Kosovo.
GET.ON	Bayerischer Tag der Telemedizin	Conference	Policy makers, healthcare professionals, researchers	Overview of IMA and the implementation study of GET.ON.
GET.ON	DGPS (German Society of Psychology) workshopkongres Erlangen	Congress workshop	Psychotherapists, psychologists, researchers	New approaches in psychotherapy.
GET.ON	DGSMP-Kongress Düsseldorf	Congress	Healthcare employees, healthcare providers, researchers	Digitisation in healthcare.
GET.ON	15 Jahreskongress für Psychotherapie, Bochum	Congress	Research community	Opportunities and risks of new media for psychotherapy.
UNN	Drug Research Network Scotland Conference: Maximising the impact of Scottish drugs research: from inception to publication	Conference (keynote speech)	Researchers, policy makers, user reps in Drugs research field	Build knowledge that includes implementation science.
UNN	ItFits piloting workshops with	Workshops	Clinical practitioners and managers	Refine and finalise the ItFits-toolkit, knowledge sharing for implementing



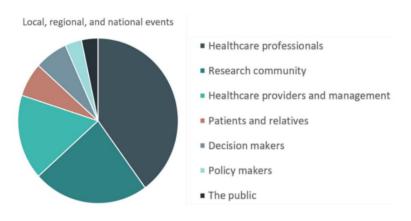
	staff from NHS			change. Led to further collaborative work
	Trusts			relevant to IMA.
UNN	ItFits piloting	Workshops	Clinical practitioners	Pilot the ItFits-toolkit process and
	workshops at			materials with practitioners delivering
	conference			services.

The partners' responses reveal many local, regional, and national activities and efforts to support synergies among projects, initiatives, etc. and a great diversity in the target groups reached, including researchers, ministries and authorities, healthcare professionals, and the general public.

#### **Audience profile**

In relation to the local, regional, and national events, the primary target groups have been healthcare professionals (40%), the research community (23%) and healthcare providers and management (17%).

As with the EU events above, this overview is based on how many times the partners have mentioned the different groups as part of the audience, and serves as an indication of the groups the IMA partners have been in contact and liaised with during the project.



### 3.2.2.2 Local, regional, and national projects and programmes

The partners were asked if they had collaborated with any local, regional, or national projects or programmes with similar topic as ImpleMentAll. They were also asked to explain why the collaboration has provided added value to ImpleMentAll. Their answers are summarised in Table 5.

Table 5 Local, regional, and national projects and programmes

Partner	Name	Туре	Added value for ImpleMentAll
RSD	Internetpsykiatrien	National deployment under the Ministry of Health	Providing test bed for IMA.
RSD	National implementation of videoconference for GPs and specialists (incl. psychologists)	Project	Sustainability and potential real world test of ItFitstoolkit.
VUA	Amsterdam Public Health research institute	Establishing centre of excellence on implementation research and practice	Important channel to disseminate the IMA results and the ItFits-toolkit to the two universities and two university medical centres in Amsterdam, NL.
ANU	eMHPrac	Programme	Training materials that could support implementation, though mostly specific to Australia.

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ANU	Enhancing Engagement with Psychosocial Interventions	RCT	Consideration of end-user factors that impact on implementation. Investigating the use of an engagement facilitation intervention to increase user uptake/adherence to internet interventions for anxiety/depression.
UMCG	Master Your Symptoms  MYSelf Pilot Study	Pilot study for the eHealth system Master Your Symptoms funded by the "Innovatiefonds Zorgverzekeraars" (Innovation Fund Healthcare Insurance Companies). Studying possible implementation problems.	By studying possible technical/basic implementation problems for the UMCG eHealth system, we can make technical adjustments (which might improve implementation success).  If the eHealth systems turns out to be (cost-) effective, this might contribute to implementation success.
UMCG	MYSelf RCT	An RCT on the effectiveness of the eHealth system funded by the Netherlands Organisation for Health Research and Development.	RCT on the effectiveness of the UMCG eHealth system.
GET.ON	National implementation project with SVLFG and GET.ON, including RCTs and a national implementation study (ImpleMentIT)	National project	In the RCT, the effectiveness of the tailored iCBT service is examined. In the national implementation study "ImpleMentIT", the implementation process is evaluated in all rollout areas (including the pilot rollout areas part of IMA) and determinants of successful implementation on various individual and organisational levels will be identified.
GET.ON	Bayerische Telemedallianz	Competence Platform	The Bavarian Telemedallianz acts as a national contact for all activities in the field of telemedicine, eHealth, and health telematics. As a neutral compentence platform, the BTA initiates, coordinates, and networks telemedical initiatives and projects in Germany and beyond.
UNN	NIHR Applied Research Collaborative (ARC) North East and North Cumbria	Research collaborative	Regional collaborative (North East of England and North Cumbria) funded for five years from October 2019. UNN theme lead for Knowledge Mobilisation & Implementation Science. Source of smaller regional projects, but also wider (national) cross-ARC collaboration leading to bigger scale projects where the outputs of IMA may be used/further developed.

According to the table, the ImpleMentAll partners have had a collaboration with a number of local, regional, and national projects and programmes that have supported the liaison and fostered synergies at partner level. It shows that experiences from local projects have been applied to ImpleMentAll, e.g. input on end user factors, effectiveness of eHealth, and sustainability.

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## 3.2.2.3 Other local, regional, and national initiatives

The partners had the opportunity to add other initiatives at local, regional, and national level that were not related to EU initiatives where they have participated in initiatives and activities that could potentially influence the field of implementation science or eMental health (e.g. Green Papers, Recommendations, Policies, and Working Groups)

Table 6 Other local, regional, and national initiatives

Partner	Name	Туре	Thematic link and relevance for IMA	
RSD	Arbejdsgruppe for velfærdsteknologi	Working Group	Implementation, upscaling, healthcare technology innovation. Regional implementation processes.	
RSD	Taskforce for digital psychiatry	National taskforce	Implementation and dissemination of eMental health solutions.	
RSD	Fælles Udbud af Telemedicinske ydelser	National tender	Upscaling.	
ANU	Case for action developed with the National Health & Medical Research Council's Research Translation Faculty	Translation of e- mental health services for depression	Identifies barriers to implementation of internet interventions for depression.	
ANU	Training Institute for Dissemination and Implementation Research in Health Australia 2020	A training course in implementation science	Develop knowledge and skills required to undertake high quality dissemination and implementation	
ANU	Evidence and Implementation Summit 2021	Summit	Deals with advances in the fields of evaluation, evidence synthesis, and translation and implementation science	
BSA	Barcelona Mental Health Plan 2016-2022	Programme	Ambitious plan from the City Council of Barcelona, which is willing to deploy a series of actions towards achieving less impact on the mental health conditions. Deploying a lot of actions at scale. Opportunity for exchange of experiences and knowledge.	
BSA	Strategic Plan 2017- 2020 for mental health and addictions of the Catalonian Department of Health	Strategic Plan	The plan is looking for new opportunities to provide mental health services at the community level, thus looking for a change in the care delivery model. Exchange of information among IMA and the Department of Health	
ASL TO3	SIP (Società Italiana di Psichiatria)	Involvement in the SIP (Italian Psychiatry Association) activities. Paper published on iCBT treatment from pilot experience in Piedmont and Veneto Regions.	Depression treatment and eHealth services. Support for dissemination, implementation, and upscaling of services.	
UMCG	Zorgstndaard SOLK	Clinical guideline development	Implementation of guidelines for the treatment of medically unexplained symptoms/somatic symptom disorder, which also includes promoting the UMCG	



			eHealth system. Promoting the eHealth system via this guideline can contribute to implementation success.
GET.ON	GET Sleep	Research project	GET.ON is participating with its digital insomnia intervention in a research project funded by the "Innovation fund" of the German statuatory health insurance companies. The central aim of the GET Sleep project is to improve the quality and efficiency of care for the affected patients with chronic sleep disorders. If this research project is successful, an evidence-based emental health intervention for insomnia will be taken up as the standard of care in Germany and will therefore have a direct impact on implementation in Germany.

The table shows that ImpleMentAll partners have participated in several local, regional, and national initiatives, and have had the possibility of influencing the fields of implementation science or eMental health. Similarly to the EU initiatives, the initiatives here are not only related to these fields specifically, but also to upscaling, care delivery models, evaluation, and evidence synthesis.

#### 3.2.2.4 Local, regional, and national influence

The partners have reported where they have had the opportunity to influence local, regional, and national initiatives such as political decisions, strategies, and recommendations. The partners have reported how ImpleMentAll actually influenced these initiatives and brought added value.

Table 7 Influence on local, regional, and national level

Partner	Title	Туре	Level	Status	IMA influence
MHC Priz	Action plan for Mental Health dealing with COVID-19 situation	Action plan	National	Under developmen t	iFightDepression platform seen as one of the responses to be implemented across Kosovo.
GET.ON	Task Forces eMental Health	Task force of scientific and professional associations	Local (DGP and DGPPN)	In effect	Networking, representing the interests of the professions.
GET.ON	Bayerischer Tag der Telemedizin	Competence Platform	Local	In effect	More awareness of eMental health.

The table shows that ImpleMentAll partners have had an influence on a limited number of local, regional, and national contexts by means of liaison activities. However limited, this shows that IMA has had an impact, and that the partners' participation in the project has supported the activities in their individual regions and countries.

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#### 3.2.3 Liaison with non-EU initiatives (international)

It was found relevant to make a distinction and have international initiatives in a separate section to the ones directly related to and promoted by the EU. International non-EU initiatives describe initiatives that have international coverage and involvement, hence extending beyond the European Union, or that have international coverage, but are not related to the EU.

#### 3.2.3.1 Non-EU international events

The partners have participated in a number of international events, where they have collected information valuable to ImpleMentAll and liaised with relevant collaboration partners and stakeholder groups. The events are shown in the table below.

**Table 8 Non-EU international events** 

Partner	Name of event	Type of event	Audience	Purpose and relevance to IMA
RSD	HIMSS US 2017, 2018, and 2019	Conference	Decision makers, policy makers, healthcare providers, competence centres, research community, clinicians, interest organisations	Networking, dissemination and communication of the project's work and goals, and knowledge exchange on eHealth implementation.
RSD	Asian Conference on Integrated Care	Conference	Decision makers, policy makers, healthcare providers, competence centres, research community, clinicians	Networking, dissemination of the project's work and goals, and knowledge exchange on eHealth implementation.
RSD	WHO Symposium on the future of digital health systems in the European Region	Symposium	Policy makers, decision makers, research community, government	Dissemination, communication, knowledge exchange, networking.
RSD	HIMSS Eurasia	Conference	Healthcare providers, government	Dissemination, communication, knowledge exchange, networking.
RSD GiG MHC Priz (all partners participated)	WHINN 2018	Midterm workshop held as part of the conference	Decision makers, policy makers, healthcare providers, competence centres, research community, clinicians, users	Dissemination of the project's work and goals, knowledge exchange on eHealth implementation.
RSD GET.ON EAAD MHC Priz EAAD	ESRII 2018 & 2019	Conference	Professional audience (scientists/researchers in eHealth), healthcare providers, interest organisations	Dissemination, communication, knowledge exchange, and networking. Promoting iFD and getting in touch with other researchers in this field. Poster presentation "IMA as first internet intervention in one LMIC – Kosovo case.
ASL TO3	EPA (European Psychiatry Association)	Participation to EPA annual congress	Scientific	Clinical information exchange.



ASL TO3	WPA Advisory Council on response to emergencies	Participation as member to response	Presidents of scientific societies affiliated to WPA	Coordination of mental health actions among the countries hit by COVID-19.
EAAD	WPA XVII World Congress of Psychiatry Berlin 2017	Congress	Mainly psychologists, psychiatrists, neurologists & psychotherapists	Networking and getting in touch with other researchers in this field.
EAAD	Implementation Science Conference 2017 & 2019	Conference	Experts in implementation science	Presenting on "How to implement community-based suicide prevention programmes across borders".
MHC Priz	6 <sup>th</sup> International Conference of the Association of Family Physicians of Kosovo, Prishtina	Conference	Healthcare providers, research community (500)	Presentation of the project and active group discussion with family doctors.
MHC Priz	2021 Global Implementation Conference	Program planning committee		Conference will address topics as systems thinking in implementation design, implementation capacity, using technology in high and low resources settings, etc. Sharing experiences in implementation in LMIC and presenting IMA as well-suited model.
GET.ON	European Patient Innovation Summit (#EPIS18)	Conference	Healthcare professionals	The 2018 "European Patient Innovation Summit" took place in Berlin. The focus was on the question of how the quality of life of people with chronic diseases can be improved through the use of technology and innovations in the field of health care.
GET.ON EAAD GIG	ISRII 2019	Conference	Professional audience (scientists/researchers on eHealth), clinicians, engineers, computer scientists, informaticists, software developers, economists, and policy experts across the public and private sectors, who are committed to fostering excellence in evidence-based eHealth interventions	Two symposia organised by the project. Promoting IMA, iFD, and getting in touch with other researchers in this field. Presentation about eHealth clinic Mindway and IMA. Presentation about data management and trial support of the IMA trial as part of IMA symposium.

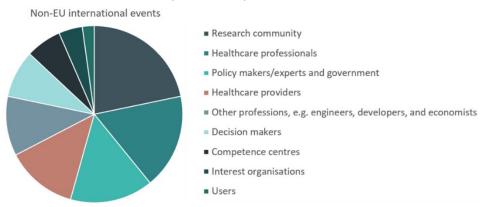


The table shows that the partners have been active in events spanning from the European region to the US and Asia, mainly with the purposes of networking, dissemination, communication, and knowledge sharing on eHealth and eMental health implementation. For one partner, COVID-19 played a role in liaison activities and another is already preparing to present the outcomes of the project as a well-suited model for improving implementation in LMICs.

#### **Audience profile**

In relation to the non-EU international events, the primary target groups have been the research community (22%), healthcare professionals (17%) and policy makers/experts and government (15%). As above, this overview is based on how many times the partners have mentioned the

different groups as part of the audience, and serves as an indication of the groups the ImpleMentAll partners have been in contact and liaised with during the project.



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#### 3.2.3.2 Non-EU international projects and programs

The partners were asked to report on collaboration with international projects and programmes with a similar topic. Additionally, they were asked to report the added value for ImpleMentAll. As all projects and programmes reported are funded by or have a link to the EU, none of the responses were found to be relevant for this category.

#### 3.2.3.3 Other non-EU international initiatives

Partners were asked to report participation in non-EU international initiatives having potential influence on the fields of implementation, eHealth, eMental health, health innovation, and more. They were given examples such as green papers, recommendations, policies, and working groups.

**Table 9 Other non-EU international initiatives** 

Partner	Name	Туре	Thematic link and relevance for IMA
RSD	International Care Delivery Alliance	Non-profit association	Implementation, development, research. Global input (eHealth experts from US, Asia, Australia, and Europe).
RSD	HIMSS Nordic Community	Community	Implementation, cross-border collaboration, upscaling. Input from Nordic region, influence on policies.
EAAD	Toolkit for eMental Health Implementation, developed and provided by the Mental Health Commission of Canada (MHCC)	Toolkit	Implementation of e-Mental Health.

The table shows that two partners have participated actively in international initiatives or activities with this potential. It is the expectation that the finalisation of the ItFits-toolkit and the publication of the trial results will boost the impact of the project itself as well as the opportunities to collaborate with other impactful initiatives.

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## 4 CONCLUSION

## 4.1 Summary

This report shows that the ImpleMentAll project and partners have engaged in a total of 113 liaison activities that have been relevant for the project, with added value. The table below shows the number of events and initiatives identified by the partners and reported through the two survey rounds.

Table 10 IMA liaison activities in numbers

European	Local, regional, and national	International
20 events	16 events	19 events
22 projects and programmes	10 projects and programmes	0 projects and programmes
9 initiatives	14 initiatives*	3 initiatives

<sup>\*</sup>Combining Tables 6 and 7

A large amount of the information provided in this report was collected with the questionnaire developed in previous projects (MasterMind and United4Health) and adapted for ImpleMentAll. The idea behind the questionnaire was to obtain knowledge about the liaison activities that might not be obvious in daily operations, and to show that the project is actually creating value internally and externally by means of liaison. The number of liaison activities reported through the questionnaire shows that it was a suitable methodology for collecting information on liaison activities, as the liaison at partner level is quite extensive.

#### 4.2 Added value

At project level, ImpleMentAll has been part of 50 events, conferences, and workshops that have proven relevant for the project from a liaison perspective. The partners have collected information relevant to the research efforts behind the conceptualisation, development, and testing of the ItFits-toolkit. Furthermore, ImpleMentAll has presented the project activities and results during some of these events, and such presentations have proven valuable for the participants in these events, as the experiences from the project can be applicable in other settings. The audience profiles at these events show that the project has liaised with important stakeholders and it is positive that the project has had the opportunity to liaise with the research community as well as healthcare professionals, and policy makers.

ImpleMentAll has been engaged in specific liaison collaborations with a wide range of initiatives and organisations on European and global level. These collaborations have given the project a platform for spreading its work and experiences, while also gaining valuable input for its research and development activities. The collaboration with other European projects has created synergies and opportunities for exchanging experiences related to implementation of eHealth and eMental health services, in particular, and to development and deployment of innovative health services in general.

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Through participation in local, regional, and national events and initiatives, the experiences and lessons learned in ImpleMentAll have been enhanced and transferred to local settings by the partners. This shows a positive outcome of liaison activities at local level for improved implementation of evidence-based innovative clinical practices and interventions.

Overall, the liaison and creation of synergies strengthen the efforts towards improved implementation processes in local settings, at a European level, and in an international context, and create added value for all parties. Such liaison activities support the pooling and flow of knowledge in the field and creates awareness about possibilities for overcoming implementation barriers and reaching healthcare goals. This report shows that ImpleMentAll and its partners have been highly active in EU and non-EU liaison activities and initiatives, and continue to be so.

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## 5 APPENDICES

## 5.1 Appendix A: Questionnaire for organisational liaison activities

ImpleMentAll Liaison Activities Questionnaire for Organisations

#### Introduction

#### **Purpose**

The purpose of the questionnaire is to obtain information at partner/organisational level on liaison with either other EU-funded initiatives; worldwide/international initiatives; or local and national initiatives that have synergies with ImpleMentAll and where there is added value on either or both sides of the liaison.

The information is used to report to the European Commission in D7.3.

#### Scope and limitations

It is important to note the distinction between dissemination and communication activities and liaison for the purpose of this questionnaire.

Liaison refers only to activities in which there is an **interaction** between two or more parties and **exchange and processing of information**, which relates to ImpleMentAll and the associated fields.

Dissemination can be one-way communication or activities where the purpose is to promote and present, whereas liaison specifically has/could have a relevant outcome and practical consequence for ImpleMentAll.

#### Section 0 – respondent information

Please name the organisation you are representing	
' Please state your name	
' Please state your title	
<sup>c</sup> Please state your email	

#### Section 1 - EU initiatives

EU initiatives refer only to initiatives that are supported and promoted by the European Commission, even if executed at a regional or national level (e.g. Structural or Regional Funds) or limited to one part of Europe (e.g. Interreg Programme). It is however, essential that the initiative (project, event, conference, Working Group etc.) is supported and promoted through a European Commission agency.

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work	shops, et	participated in any EU supported or promoted events (conferences, c.) with a topic similar and/or complementary to that of ImpleMentAll and mation that would be valuable to ImpleMentAll?
(1)		Yes
(2)		No
	(Type c	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
* Do	you have	more events to add?
(1)		Yes
(2)		No
	(Type o	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
2. * I	Have you l	nad any collaboration with any projects and programmes funded by the
Euro	pean Com	mission with a similar topic?
(1)		Yes
(2)		No
(Тур	e of projec	t or programme, Name of project or programme, Added value to
Impl	eMentAll,	Evidence/Link to material)
* Do	you have	more projects or programmes to add?
(1)		Yes
(2)		No
(Type	e of projec	t or programme, Name of project or programme, Added value to
		Evidence/Link to material)
	···,	
3. * I	Have you	participated actively in any EU initiatives and activities that could potentially
influ	ence the f	ield of implementation science and eMental Health?
(e.g.	Green Pa	pers, Recommendations, Policies, Working Groups, etc.)
(1)		Yes
(2)		No
		of initiative, Name, Thematic link to ImpleMentAll, Relevance for MentAll, Evidence/Link to material)
* Do	you have	more initiatives to add?
(1)		Yes
(2)		No
		of initiative, Name, Thematic link to ImpleMentAll, Relevance for MentAll, Evidence/Link to material)

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4. * Do	you kn	ow of any other ongoing EU funded projects, programmes, or initiatives that
have s	imilar a	nd/or complementary objectives to ImpleMentAll that could benefit from
liaison	with In	npleMentAll?
(1)		Yes
(2)		No
		(Project, Programme, Other initiative, etc.), Name, Relevance for MentAll, Evidence/Link to material)
* Do y	ou have	more projects, programmes, or initiatives to add?
(1)		Yes
(2)		No
		(Project, Programme, Other initiative, etc.), Name, Relevance for MentAll, Evidence/Link to material)
Section	2 - Noi	n EU initiatives (regional and national)
or natio	nal co	ntional non-EU initiatives refer to initiatives which take place within a local, regional intext but which are not linked to any EU funded or international initiative. Initiatives are covered in Section 3 of the questionnaire.)
5. * Ha	ve you	participated in any local, regional, or national events with a topic similar
and/or	comple	ementary to that of ImpleMentAll and collected information that would be
valuab	le to Im	pleMentAll?
(1)		Yes
(2)		No
	(Type	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
* Do y	ou have	more events to add?
(1)		Yes
(2)		No
	(Type	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
6. * Ha	ve you	had any collaboration with any local, regional, or national projects or
progra	mmes v	vith a similar topic that are not part of an EU funded or international
project	t?	
(1)		Yes
(2)		No
		ct or programme, Name of project or programme, Added value to Evidence/Link to material)
* Do y	ou have	more projects or programmes to add?
(1)		Yes

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(2)		No
(Type	of proje	ect or programme, Name of project or programme, Added value to
Implei	MentAll	, Evidence/Link to material)
7. * H	ave you	participated actively in any local, regional, or national initiatives and
activit	ies that	could potentially influence the field of implementation science or eMental
Health	1?	
(e.g. G	ireen Pa	apers, Recommendations, Policies, Working Groups, etc.)
(1)		Yes
(2)		No
		of initiative, Name, Thematic link to ImpleMentAll, Relevance for MentAll, Evidence/Link to material)
* Do y	ou have	e more initiatives or activities to add?
(1)		Yes
(2)		No
		of initiative, Name, Thematic link to ImpleMentAll, Relevance for MentAll, Evidence/Link to material)
8. * Ha	as Imple	eMentAll had any influence on any local, regional, or national political
decisio	ons and	strategies, recommendations, etc?
(1)		Yes
(2)		No
(3)		Don't know
	Regio	(Policy, Strategy, Recommendation, Regulations, Guidelines, etc.), Level (Local, nal, or National), Name, In effect or under development, In what way has MentAll had influence)
* Do y	ou have	e more to add?
(1)		Yes
(2)		No
	Regio	(Policy, Strategy, Recommendation, Regulations, Guidelines, etc.), Level (Local, nal, or National), Name, In effect or under development, In what way has MentAll had influence)
9. * D	o you kı	now of any other ongoing local, regional, or national projects, programmes, or
initiat	ives tha	t have similar and/or complementary objectives to ImpleMentAll that could
benefi	it from	liaison with ImpleMentAll, but which you have not had any liaison with to
date?		
(1)		Yes
(2)		No

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(Type (Project, Programme, Other Initiative, etc.), Name, Relevance for ImpleMentAll, Evidence/Link to Material)

\* Do you have more projects, programmes, or initiatives to add?

(1)		Yes
(2)		No
	(Type	(Project, Programme, Other Initiative, etc.), Name, Relevance for
	Imple	MentAll, Evidence/Link to Material)
Soctio	n 2 – N	Ion-EU Initiatives (International)
		non-EU initiatives (international)
		nence extending beyond the European Union.
10. *	Have y	ou participated in any international events with a topic similar and/or
comple	ementa	ry to that of ImpleMentAll and collected information that would be valuable
to Imp	leMent.	AII?
(1)		Yes
(2)		No
	(Type	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
* Do y	ou have	more events to add?
(1)		Yes
(2)		No
	(Type	of event, Name, Date, Audience, Purpose, Evidence/Link to material)
11. * H	lave you	u had any collaboration with any international projects and programmes with
a simil	ar topic	?
(1)		Yes
(2)		No
	(Type	of project or programme, Name of project or programme, Added value to
	Imple	MentAll, Evidence/Link to material)
* Do y	ou have	more projects or programmes to add?
(1)		Yes
(2)		No
		of project or programme, Name of project or programme, Added value to MentAll, Evidence/Link to material)

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12. * Have you participated actively in any international initiatives and activities that could				
potentially influence the field of implementation science or eMental Health				
(Green Papers, Recommendations, Policies, Working Groups, etc.)				
(1) Yes				
(2) No				
(Type of initiative, Name, Thematic link to ImpleMentAll, Relevance for ImpleMentAll, Evidence/Link to material)				
* Do you have more initiatives or activities to add?				
(1) Yes				
(2) No				
(Type of initiative, Name, Thematic link to ImpleMentAll, Relevance for ImpleMentAll, Evidence/Link to material)				
13. Do you know of any other ongoing international projects, programmes, or initiatives tha				
have similar and/or complementary objectives to ImpleMentAll that could benefit from				
liaison with ImpleMentAll, but which you have not had any liaison with?				
(1) Yes				
(2) No				
(Type (Project, Programme, Other Initiative, etc.), Name, Relevance for ImpleMentAll, Evidence/Link to material)				
* Do you have more projects, programmes, or initiatives to add?				
(1) Yes				
(2) No				
(Type (Project, Programme, Other Initiative, etc.), Name, Relevance for ImpleMentAll, Evidence/Link)				
Section 4 – Closing remarks				

If there is information you feel is relevant but which you did not find the appropriate place to enter above, please enter it here. If relevant, please include links to more information.

Thank you for your time and participation!

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## 5.2 Appendix B: Liaison survey FAQ

The questionnaire has five sections:

Section 0 - Practical Information

Section 1 – EU initiatives

Section 2 – Non-EU initiatives (regional and national)

Section 3 - Non-EU initiatives (international)

Section 4 – Closing remarks

The questions for the three main sections (1-3) are largely the same but focus on the level of the liaison (EU Initiatives; Regional and National; and International).

It is important to keep that distinction in your replies.

#### **About the survey**

QUESTION	ANSWER
1. What activities are	Activities and events where there has been/could be added value for
characterised as 'liaison'?	you and ImpleMentAll in interaction with other people, projects etc.
	AND where the learning and new knowledge has been/could be used
	actively in relation to ImpleMentAll and associated topics.
2. How is it different from	Dissemination and communication can be one-way activities or
dissemination or	activities where the purpose is to promote and present, whereas
communication?	'liaison' specifically has/could have a relevant outcome and practical
	consequence. For instance, you will all have participated in many
	conferences etc. where implementation science, eMental health, etc.
	has been demonstrated, discussed, etc. but it is only a liaison activity
	if it had a subsequent impact for you or ImpleMentAll. You either
	learned something useful that you then used locally or the project did.
3. Is the dissemination and	As 'Liaison' varies from dissemination and communication (see
communication information	question 1 and 2), the reporting of these activities does not capture
we have already provided not	the nature and outcome of any possible liaison activities.
sufficient?	Both WP7 and WP8 will, however, use the liaison information if
	relevant and thus we will avoid double reporting from partners.
4. What if I have no liaison to	If you have no liaison to report on one, two, or all three levels, you
report?	simply mark No in the reply. For reporting purposes, it is still very
	valuable that you do this rather than not completing the survey at all.
5. What is the liaison	The survey is used to support the completion of D7.3, reporting on the
information used for?	project's and the individual partners' liaison activities.
6. What is the deadline?	The deadline is Friday 3 July 2020
7. Whom do I contact with	You can contact Mette Atipei Craggs (mac@rsyd.dk)
further questions?	

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## About the tool/survey link

QUESTION	ANSWER
8. Can I save information and	No.
return to complete later?	The survey does not allow you to save and return later to add and/or complete. If you close the survey without having pressed 'Finish' at the end, the information is lost. The survey link is generic which is why it is not possible to save your answers.  Also, see Q10 for changing replies and Q11 for additional information after submission.
9. Can I skip to the next	Yes and No.
question without replying to a question?	Some questions are mandatory and require a reply, while others are not mandatory and you can move forward to the next question without completing. An asterisk (*) indicates mandatory questions.  Also, see Q10 for changing replies.
10. Can I go back and change	Yes.
a reply?	You can always use the 'go back' arrow and change your reply. You can use the arrow to go all the way back to the start of the survey if needed.
11. Can I add more	Yes – but not in the same response.
information after I have submitted a response?	If you have already submitted a response but have more to add, then complete a new survey and make a note in the Closing Remarks section that this response is associated to a previous one and we can manually merge them.
12. How long is the survey?	There are 13 questions and some sub-questions.  Completion time depends very much, on how much information on 'liaison' you have to provide. If you have given some thought to what liaison you have had at the three levels in advance, then the survey does not take long to complete, approx. 30 minutes. If you have no liaison activities to report, then much shorter.
13. Can I see how far into	Yes.
questionnaire I am?	The bar above the questions will always show your completion percentage.
14. Who is to complete the	The intention is that you should complete the questionnaire as a
survey?	partner organisation and not as an individual person. However, if there are several people in your organisation that can contribute on an individual level, please feel free to do so.

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## 5.3 Appendix C: Affiliate Partner Memorandum of Understanding

This Memorandum of Understanding (MoU) is made between:

The ImpleMentAll project, EU Grant Agreement no. 733025 hereinafter "IMA"), represented by

consortium member

and

affiliate partner

This MoU is intended solely to facilitate the pro bono support to be offered by IMA through a consortium member in improving implementation of eHealth initiatives in practice.

This MoU is effective as of dd month yyyy ("Effective Date") and sets forth the terms between the representing IMA consortium member and affiliate partner (hereinafter, each a "Party" or together, "the Parties") with regard to the collaboration on the improvement of implementation strategies.

The Parties hereby acknowledge and agree that the following shall be binding and create legal rights and obligations on the Parties.

#### 1.1 Scope

The Parties understand that this MoU is intended only to facilitate the proposed advisory role IMA, represented by consortium member, will play in relation to the implementation of the ItFits-toolkit. By the term "advisory", it should be understood that IMA is not obliged to, e.g. share deliverables with or keep affiliate partner updated through mailing lists. Consortium member will facilitate the knowledge share between affiliate partner and the IMA Consortium, advise affiliate partner in distinct aspects of the implementation of the ItFits-toolkit and transfer results from affiliate partner to the Consortium and viceversa.

The scope of this MoU covers only advisory work by IMA through consortium member to affiliate partner. It does not cover any development work, testing, licensing, distributions, support, sales, or maintenance, which may arise. Should the Parties decide to pursue such matters outside the scope of this MoU, the Parties shall enter into a development, license, distribution, or other appropriate written agreement(s) accordingly.

#### 1.1.1 Publicity

The Parties hereby agree that no press release or other public announcements regarding this MoU or any agreements contemplated thereby shall be made without prior review and oral and/or written agreement signed by a duly authorised representative of the other Party.

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#### 1.1.2 Confidentiality

"Confidential Information" shall mean all Information owned or controlled by the ImpleMentAll project represented by consortium member, which is disclosed to affiliate partner in accordance with this Agreement. Affiliate partner shall handle Confidential Information in accordance with this Agreement.

#### 1.1.2.1 Confidentiality Obligations

Affiliate partner (i) shall only use Confidential Information for a purpose known to consortium member and (ii) shall keep Confidential Information confidential. Thus affiliate partner shall not under any circumstances pass on Confidential Information to a third party.

Affiliate partner is only entitled to give the for the purpose known to consortium member necessary people at affiliate partner access to the Confidential Information, and affiliate partner shall impose an obligation on all these individuals to act in accordance with this Agreement.

If affiliate partner according to law, order, court order or decision or any other public legislation act becomes obligated to pass on Confidential Information, affiliate partner is obligated to i) give consortium member written notification about this immediately and ii) use its best efforts to mitigate the extent of such transmission.

#### 1.1.2.2 Limitations to Confidentiality

Confidential Information does not include information and/or material:

which was already publicly accessible when affiliate partner received or gained access to the Confidential Information;

which after the time of affiliate partner's reception of or access to the Confidential Information has become publicly accessible without this being due to affiliate partner's violation of this agreement;

which documentably was already legally in affiliate partner's possession when affiliate partner received or gained access to the Confidential Information;

which affiliate partner legally and without restrictions has received from a third party after affiliate partner received or gained access to the Confidential Information – provided that the mentioned third party itself was entitled to pass on the relevant information and/or material to affiliate partner without restrictions; or

which affiliate partner documentably has developed itself subsequently and independently of the Confidential Information which affiliate partner has received or gained access to.

Affiliate partner shall without undue delay give consortium member written notification if affiliate partner receives or has received Confidential Information, which affiliate partner believes is covered by sub-clause 1.1.2.2. In case of disagreement between the Parties, it is the responsibility of affiliate partner to prove that received Confidential Information is covered by sub-clause 1.1.2.2.

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#### 1.1.3 Term and termination

The Parties agree that this MoU shall be effective as of the Effective Date and shall continue in effect until the earliest occurrence of one of the following:

- (1) the conclusion of the implementation of the ItFits-toolkit in affiliate partner
- (2) written notice by one Party to the other of termination of this MoU.

Section 1.1 (including all subsections) shall survive any termination of this MoU.

#### 1.1.4 Limitation of liability/Governing law

Except with respect to the rights and obligations of the Parties based on their respective intellectual property rights, under no circumstances will either Party be liable to the other under any contract, strict liability, negligence, or other legal or equitable theory for any damages or other relief whatsoever.

This MoU shall be construed under the laws of Denmark and the Danish Courts shall have exclusive jurisdiction over any claim arising under this MoU. Notwithstanding the foregoing, either Party may seek interim injunctive relief in any court of appropriate jurisdiction with respect to any alleged breach of such Party's intellectual property or proprietary rights.

#### 1.1.5 No partnership or revenue commitment

Execution of this MoU and participation in the activities described herein are not intended to, and shall not be construed to, create or constitute a franchise, joint venture, partnership, or other joint business relationship between the Parties.

#### 1.2 Miscellaneous

The Parties hereby acknowledge and agree that either Party may unilaterally terminate the advisory relationship at any time without any obligation or liability by giving the other Party 1 month written notice.

The Parties agree to proceed at their own risk and expense regarding the subject matter of this MoU. This MoU is non-exclusive and neither Party shall be precluded from entering into similar transactions with any third parties.

Each *Party* acknowledges that the other *Party* has not given it, nor has it relied on, any representations or assurance of future revenues, sales opportunities or profits arising from or in connection with the subject matter of this MoU.

The Parties acknowledge that neither Party is justified in acting in reliance upon any promises nor representations of present intention purported to be contained in this MoU.

Nothing in this MoU will exclude any liability which one *Party* would otherwise have to the other *Party* in respect of any statements made fraudulently.

IN WITNESS WHEREOF, the Parties hereto have executed this MoU by persons duly authorised as of the date and year first above written.

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ACCEPTED AND AGREED:	ACCEPTED AND AGREED:
Representative of consortium member:	Representative of <mark>affiliate partner</mark> :
Name:	Name:
Title:	Title:
Signature:	Signature:
Date:	Date:
Address for Notices:	Address for Notices:

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